**St. Brigid and St. John Catholic Church 2024**  



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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **1****Sisters in Christ trip to Loretto Motherhouse, leave at 10:00 from St. John** |  **2** **Bring a side dish! 11:00 CCC Grace Bible Church - Young at Heart** | **3**Sisters in Christ Retreat - Home**St. John – Noon & 6:30** |  **4****CCC 9-2****Father Jeff Returns**  | **5** |
|  **6** | **7****Bible Study, St. John 10:00 a.m.** | **8** |  **9** |  **10** | **11** | **12** |
| **Meet and Greet 13****After 9:00 Mass- Cafe** Donut Sunday | St. John the Baptist Catholic Church | **14****Bible Study, St. John 10:00** **St. Vincent De Paul Mtg. 5:30 St. Brigid Room** | **15** | **16** **St. John Parish Council after 6:30 Mass** | **17****St. Brigid Parish Council 7:00 p.m.** | **18** | **19** |
| **20** | **21****Bible Study, St. John 10:00 a.m.** | **22** |  **23** | **24** |  **25****St. Brigid Youth****See bulletin for details** | 26 |
| **27****Small Christian Community Begins-after 9:00 a.m. Mass St. Brigid /under church** | **28****Bible Study, St. John 10:00 a.m.** | **29****Small Christian Community Begins 9-11 a.m. St. Brigid Room/CCC** | **30** |  **31**Methodist Church Plans Halloween Trunk or Treat - Old Mission Gazette**See Bulletin for upcoming details** |  |  |

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**Here are 10 ideas to help you find the time to pray the Rosary each and every day:**

1. Instead of pulling out your phone, **make a habit of praying your rosary as you feed or rock the baby to sleep.**Use those quiet moments well!
2. Make a practice of **praying the Rosary as a family each night.** Start with a single decade and work your way to praying the entire Rosary together. Yes, it’s hard at first, but it is possible!
3. **Listen to the Rosary** while driving.
4. **Pray one decade of the Rosary at a time.** Use the small moments of quiet in the day to pray the Rosary slowly over the course of the day. Get you a finger rosary or a rosary bracelet!
5. Make a habit of praying your Rosary by **connecting it to something you are SURE to do each day**, like eating lunch, showering, or driving to work.
6. Train yourself to **pray your Rosary FIRST**. Before you allow yourself to sit down and watch a show on Netflx, make sure you have prayed your Rosary. If you have yet to pray (or complete) the Rosary that day, do that first. It only takes 20 minutes!
7. While praying the Rosary, **PUSH THROUGH the first few decades**. Often it takes a while for us to “settle into” prayer. Even if you are distracted or irritated during the beginning of the Rosary, continue on and quite often you will reach a level of calm and clear meditation by the time you get to the third decade.
8. **Use exercise** as a time to pray the Rosary. The Rosary itself has a clear rhythm. Allow that rhythm to fall into sync with your body and make the movements of your body into a prayer as well.
9. **Use your waiting** as a time to pray the Rosary. While sitting in the pickup line each day, or while waiting in the doctor’s office, pray your Rosary instead of looking at your phone.  Even if you only have time to pray one decade, that is still time spent well.
10. **Pray the Rosary as you drift off to sleep**. There is nothing more calming and peaceful than the simple and beautiful prayers of the Rosary. Allow the praises of the Hail Mary to be the final words that pass through your mind each day. If you do so, she will watch over you as you sleep, just as she watched over baby Jesus in the manger.